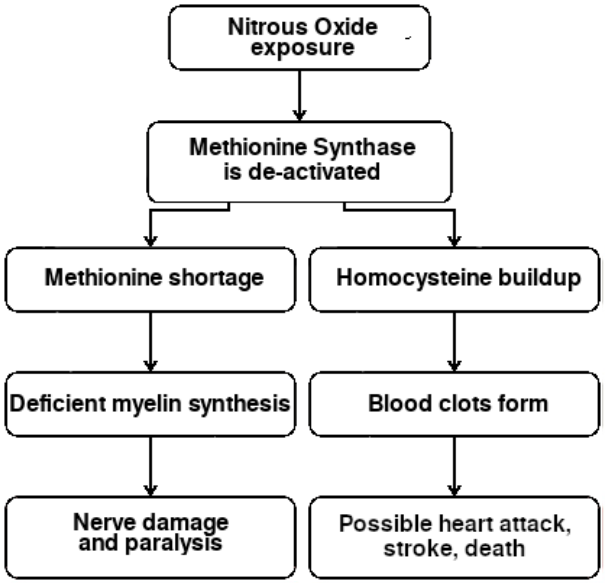
8. **HEAR THE MUSIC**

No longer must the hardcore techno be drowned out by guys yelling 2 for 5 and cranking their tanks for maximum sales efficiency. Gently turn your tanks and listen to the kick: KSSSHHHHH and advertisement free!

9. **YOU CAN FILTER MACHINE OILS AND METAL SHAVINGS**

Food-Grade tanks (like all nitrous tanks) can contain machine oils and fine shavings as a result of the filling process. These can be filtered out with a simple particle filter. You can make one yourself using tubes and hose-clamps or buy pre-made ones from sites like https://www.n2ofilters.com



Always take L-Methionine, and Betaine Anhydrous while using nos to reduce harm. Take breaks so you can recover.

Some Pro-Nitrous Tips from REAL LOON HEADS

- **Supplement L-Methionine (1-2g/day) and Betaine anhydrous (1-3g/day) while using nitrous to help prevent nerve damage and stroke.** These cost $20-30 for over a month's supply.
- Take Methyl-B12 and Folate TOGETHER (folate alone is dangerous) after you have stopped using nos to help with recovery.
- Space out your tanks. Use nos one weekend a month and take your supplements to stay healthy.
- Food-Grade Galaxy Gas/Whippets are better than automotive nitrous, hands down.
- Medical-Grade Nitrous is the best you can get but requires real connections to find.
- Place your tank on the ground! If it falls over and hits the nozzle it'll leak a bunch of nos.
- Sit down on the ground so when you fish out you can gently lean forward for a pleasant little gassy dirt dream.

For more harm reduction info about nos: https://www.no2n2o.org/health.html

More from us at:
FlowingCompassion.org

9 Reasons to STOP WASTING MONEY on BALLOONS!

AND BUY YOUR OWN FOOD-GRADE TANK INSTEAD!

"I stopped huffing dirty ass sulfur loons and switched to particle filtered food grade loons and I don't puke my guts up the morning after anymore! I was even able to invest in nos-coin and make my husband orgasm!"

- Your Mother

You've seen those tanks at raves. The refillable ones that people sell balloons out of. These tanks get filled at auto-shops and are cut with sulfur dioxide: **the sulfur found in every balloon sold at raves is toxic in the short and long term.** The sulfur damages your breathing and heart, causing long term lung and heart damage. Sulfur dioxide can also increase chances of nerve damage, falling over and psychosis/delusions.

There isn't an easy way to remove the sulfur. Any process that works require multiple filter tanks and a complex setup you'd need a college level lab to construct. **Balloons sold at raves have plenty of toxic sulfur dioxide.**

Instead of buying these loons, grab a food-grade tank (the galaxy gas type things sold in smoke shops) or two with your friends! You've got a lot of good reasons to try it:

1. **NO SULFUR**

All automotive nitrous contains sulfur dioxide, a toxic additive. No nos dealer is removing it, they couldn't if they wanted to. Nitrous can already fuck your body up if you're not supplementing L-Methionine (1-2g/day) and Betaine anhydrous (1-3g/day) while using. So why take all that extra harm when you end up spending the same amount of money as a group anyway?

2. **AVOID DANGER**

Drug sales are pretty dangerous actually. From accidentally stepping on someone else's turf to getting in arguments about how full a balloon is or what happens if it pops. Bringing your own tank means you're totally excluded from that shit.

3**. BETTER HIGH NO WAIT TIMES**

No longer must you wait in line for another balloon. You and your five friends can just sit in a circle and hit it as you please, fill your balloons halfway to keep them from popping and actually enjoy yourself instead of having to engage in bullshit sales at the rave.

4. **MAKE THE SCENE BETTER**

Sales of any kind make a rave worse, whether it's 2 for 5, $4 water bottles or $30 tickets. When your primary income is drug sales you are directly incentivize to give less of a shit about the people you're selling to. If rent is on the line and you've locked yourself into drug sales as the only way to pay it, why not sell way too much to a 16 year old? This shit makes the scene worse but you can be part of the change that makes free parties actually free. Make the scene better, bring your own.

5. **HIGHER QUALITY NOS**

Automotive nos (what's sold at raves) contains sulfur dioxide, which irritates your mouth, lungs and stomach. It's toxic in the short and long term and health effects stack up over time. It sucks and is why balloons taste fucking awful. Food-Grade nos tastes better, hands down.

6. **BRING YOUR FRIENDS TOGETHER**

Buying a communal tank to share with your friends gives everyone investment in the rave. Sitting around what you share builds those friendships up and makes everyone happier. No more waiting in different parts of the line, now you can just keep yapping or bobbing to the beat without having to cosplay a consumer in the underpass.

7. **HIGHER QUALITY BALLOONS**

Many balloons used for nos sales are powdered on the inside. This keeps them from sticking together when filled for kids' parties but when used for nos means you're inhaling baby powder. You can buy a much smaller amount of purpose built punch balloons, even give them a little pre-rinse at home. This means you're not huffing Johnson & Johnson anymore and just the nos.